



Dr. David Mac-Rizzo, (President/CEO)
Ph.D. BSc, LNHA, PCHA, LSSGB, LSSBB, CNA.

Dr. David Mac-Rizzo is the President and Chief Executive Officer of 5-Stars Management Solutions LLP, which he co-founded with his wife Brigitta Mac-Rizzo.

Dr. David brings to 5-Stars Management Solutions LLP over 40 years of professional experience—over 20 years of experience with Kaiser Aluminum in engineering and maintenance, and more than 20 years in healthcare starting as a Christian

Science Nurse/Certified Nursing Assistant for eight years on the floor providing hands-on care in green House models and traditional nursing homes. In the last 10 years, Dr. David has been a licensed nursing/personal care home administrator in Connecticut, Maryland, and Pennsylvania. Dr. David still holds a Certified Nursing Assistant certificate in Pennsylvania, Connecticut, and Illinois and often takes full floor assignments as a CNA, with excellent knowledge of the state regulations in CT, MD, PA, and IL.

Dr. David holds a Bachelor's in business Administration and Industrial and Organizational Psychology from the College of New Jersey; Personnel Management and Industrial Relations from Cambridge Tutorial College in the UK; an MBA in Healthcare Administration from the George Washington University; Postgraduate in post-acute and long-term care management from the University of Connecticut; Lean Six Sigma Green Belt and Black Belt, personal care home administration certifications from the University of Pennsylvania; and a Ph.D. in Healthcare Administration from Northcentral University with specialization in reducing antipsychotic medication in nursing homes and hospitals.

5-Stars Management Solutions LLP is a management/consulting company that assists nursing facilities with temporary administrator staffing, Executive leadership seminars, management workshops for mid-level/operational level managers, hands-on budgeting, strategic planning, and process/operations improvement. We specialized in improving ADL compliance (guaranteed to reach 100% in two weeks and improve CMI), optimal staffing PPD and FTEs; 24/7 CMS survey readiness, QA, and QAPI; developing and crafting plans of corrections and audits to systematize action plans to sustain compliance; improved staff and resident satisfaction!

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